



Fall 2025 Vaccine Recommendations

	Influenza (Flu) Vaccine	RSV Immunizations	COVID-19 Vaccine
Who is eligible?			
Infants & Children	All children 6 months and older	<ul style="list-style-type: none"> All infants <8 months Children 8-19 months with risk factors 	<ul style="list-style-type: none"> All children 6-23 months Children 2-17 years old with risk factors or if parents want the vaccine
Pregnancy	All – At any point in pregnancy	32–36 weeks of pregnancy	All – At any point in pregnancy
Adults 18-50	All	None, but if pregnant, see above	All
Adults 50+	All	<ul style="list-style-type: none"> All 75+ Adults 50-74 with risk factors Recommended 1 lifetime dose 	All
How well do they work?	Reduces risk of going to doctor by 30–60%	Reduces risk of severe disease by 82-86%	Provides 30–60% additional protection against illness & severe disease
What is available?	A shot that targets 3 strains of seasonal flu	<ul style="list-style-type: none"> <u>Children</u>: Monoclonal antibodies nirsevimab or clesrovimab <u>Pregnancy</u>: Pfizer vaccine called ABRYSVO <u>Older Adults</u>: GSK and Pfizer (protein) or Moderna (mRNA) 	<p>Updated vaccine targeting Omicron subvariants (JN.1 or LP.8.1)</p> <p>Options: Moderna (mRNA; 6 months+) & Pfizer (mRNA; 5 year olds+), Novavax (protein; 12 years+)</p>
When should I get it?	October is ideal (protection wanes over a season)	<ul style="list-style-type: none"> <u>Infants</u>: October-Mar <u>Pregnancy</u>: Sept-Jan <u>Older Adults</u>: Now because protection is durable 	<p>For protection against severe disease you can get it now</p> <p>If you were recently infected, then you can wait at least 6 months due to immunity</p>